

SERVED SIVILE IIII

SOUPS - \$5.50

#### **Chicken Avgolemono**

(Vegetarian Soup - Changes Daily) **Soup of the Day** 

### THAVMA SPREADS

**SERVED WITH WARM PITA WEDGES** 

Hummus - 7 Tarama - 8 Tzatziki - 7

Dolmades - 7

BABA GHANOUSH - 7 ROASTED BEETS - 7

ASSORTED COLD PLATTER

PICK ANY THREE (3) - 12 ALL SIX (6) - 18

THAVMA MEDITERRANEAN GRILL STARTERS 6230 Town Center Way Livingston, NJ 07039 973.992.8999 www.thavmagrill.com

SPINACH & ARTICHOKE DIP - Served with chips - 10

THAVMA CHIPS - Thinly sliced zucchini, lightly fried - 10

LOUKANIKO - Char-Grilled seasoned Greek sausage - 10

**SPINACH PIE** –freshly chopped spinach & feta in a fillo shell - 8.5

**FALAFEL CAKES** – Fried croquettes of ground, herbed garbanzos, served with our homemade hummus - 7

**Oregano Wings -** Baked (not-fried) jumbo chicken wings sprinkled with lemon, oregano and pepper - 10.5

SHRIMP SAGANAKI - Sautéed shrimp, garlic, fresh tomato & topped with melted Vlahotyri cheese - 14

CALAMARI – breaded calamari tubes, fried to a golden brown - 13

Octopus – Char-grilled baby octopus, red onion, grilled pepper, Dijon Ladolemono, balsamic drizzle - 17.5

### SALADS

MIXED GREENS - Organic Mixed Field Greens, Romaine, tomato, cucumber - 8.5

CAESAR - Romaine, homemade herbed croutons, creamy Caesar dressing - 8

GREEK - Romaine, tomato, cucumber, red onion, pepper, Feta, Kalamata olives, house vinaigrette. - 9.5

TABOULI - Chopped parsley, onions, tomatoes and bulgur dressed with lemon and olive oil - 9

VILLAGE - Chopped tomato & cucumber with red onions, feta, Kalamata olives - 10.5

SPINACH - fresh baby spinach tossed with goat cheese, roasted beets, croutons, Balsamic vinaigrette - 10

We may chop your salad upon request. All salads come lightly dressed, unless specified otherwise. Olives may contain pits.

GRILLED CHICKEN - 5
GRILLED OCTOPUS - 8

TOP OFF YOUR SALAD
GRILLED CALAMARI - 7
GRILLED SHRIMP - 7.5
GRILLED VEGETABLES - 5

FALAFEL - 5
GRILLED SALMON - 8

### PITA FLATBREAD WRAP

TOPPED WITH RED ONION, TOMATO & TZATZIKI

 CHICKEN - 8.75
 SHRIMP - 9.75

 Angus Steak-9.75
 Falafel\* - 7.75

 Lamb - 9.75
 Kofta - 8.75

 Grilled Veg - 7.75

ADD FRIES TO ANY WRAP - 2

\* Falafel Topped with Hummus

### BURGERS

CHEESEBURGER - American Cheese,
Lettuce, ripe tomato - 11
THAVMA BURGER - Peppered Bacon,
Vermont Cheddar, sautéed onions - 12.9
LAMB BURGER - topped with crumpled
feta, buffalo onion straws; sweet potato
fries - 14

**TURKEY BURGER** - American Cheese, ripe tomato, crisp lettuce - 11.5

#### PANNINI

ON GRILLED FLATBREAD WITH GREEK FRIES

**CHICKEN** - Grilled Chicken, sautéed onions & peppers, cheddar - 11

**STEAK** - Grilled Angus Steak, sautéed onions & pepper, cheddar - 12

**VEGETARIAN** - Grilled vegetables with white cheddar - 11

## LUNCH SPECIALTIES

**SPINACH & FETA OMELETE** - Served with cup of soup and French fries. - 10

FISH SANDWICH - Crispy lemon Sole; Lettuce, Tomato on flatbread; Veggie Slaw - 11.5

SOUP & SALAD - Greek Salad served with bowl of soup - 9.5

SPINACH PIE & SALAD - Flakey Spinach Pie served with

Greek Salad - 10.5

**LAMB & ORZO** - Boneless lamb slowly braised in our homemade tomato sauce; over orzo. - 13

**LUNCH MOUSAKA** - Our famous homemade Mousaka, choice of soup or salad. - 13

# KABOBS & SEAFOOD

**LUNCH SHISH-KABOB** - Choose Skewar of your liking served with warm Pita, Greek Salad, Fries & Tzatziki

Chicken - 11.5 Steak - 12.5 Lamb - 12.5 Grilled Veg - 11.5 Falafel - 11.5 Shrimp - 12.5

**GRILLED CALAMARI** - Sliced Calamari Tubes drizzled with Dijon Ladolemono; country pilaf. Side Greek Salad - 13

**GRILLED SALMON OVER BABY FIELD GREENS** - Char-grilled Atlantic Salmon, ripe tomato, field greens. Cup soup. - 14.5

SHRIMP SCAMPI - Served with Greek orzo. Cup soup. - 14

SUBSTITUTE VEGETABLE FOR STARCH - \$2.5 MORE
SUB SAUTÉED SPINACH FOR STARCH - \$3.5 MORE
A GRATUITY OF 18.5% WILL BE ADDED TO PARTIES OF SIX OR MORE.



# FOUNTAIN BEVERAGES

FOUNTAIN DRINKS INCLUDE FREE REFILLS 2.50

Pepsi Diet Pepsi Lemonade Sierra Mist

Unsweeted Iced Tea

Poland Spring 16.9oz - 1.<sup>50</sup> S.PELLEGRINO Sparkling Water (1L) - 6.<sup>00</sup> S.PELLEGRINO Sparkling Water (250mL) - 2.<sup>00</sup> PANNA Still Water (750ml) - 5.<sup>00</sup>

2.50

Lemon Peach



Diet Lemon Diet Peach

Coffee - 2

Espresso - 2.50

Hot Tea - 2

Cappuccino\*a- 3.90

Greek Coffee - 3

Herbal Tea- 2.50

a- Extra Shot - Add 1.00

- Also available in Decaf